



**ALOMERE**  
HEALTH

Here for Life

111 17<sup>th</sup> Avenue East  
Alexandria, MN 56308  
Phone: 320-762-1511  
Fax: 320-762-6127

Alexandria Clinic  
610 30<sup>th</sup> Ave West  
Alexandria, MN 56308  
Phone: 320-763-5123  
Fax: 320-763-7883

Heartland Orthopedics  
111 17<sup>th</sup> Ave East, Suite 101  
Alexandria, MN 56308  
Phone: 320-762-1144  
Fax: 320-762-1935

# AUTHORIZATION FOR USE AND DISCLOSURE OF PROTECTED HEALTH INFORMATION

<b>Patient Information:</b>	Name: _____ Date of Birth: _____ Previous Name: _____ Phone Number: _____ Street Address: _____ City: _____ State: _____ Zip: _____ Internal Use: MRN# _____																
<b>This Will Authorize:</b> (Who has the information you would like released?)	Organization/Name: _____ Address: _____ Phone Number: _____ City: _____ State: _____ Zip: _____ Fax Number: _____																
<b>To Release Records To:</b> (Where do you want the information sent?)	Organization/Name: _____ Address: _____ Phone Number: _____ City: _____ State: _____ Zip: _____ Fax Number: _____ Relationship to Patient (if any) _____																
<b>Method of Sending:</b>	<input type="checkbox"/> Mail <input type="checkbox"/> Fax #: _____ <input type="checkbox"/> In Person- <b>Picture ID Will Be Required</b> (If someone other than you will be picking up records, print their name here:) _____ <input type="checkbox"/> ASAP Request <input type="checkbox"/> Date Needed By: _____																
<b>Format of Records:</b>	<input type="checkbox"/> Paper <input type="checkbox"/> Electronic <input type="checkbox"/> MyChart What is Mychart? Refer to: <a href="https://mychart.centracare.com/mychart/default.asp?mode=stdfile&amp;option=faq">https://mychart.centracare.com/mychart/default.asp?mode=stdfile&amp;option=faq</a>																
<b>Information to be Disclosed:</b> (Indicate only the information you are authorizing to be released)	Dates of Service: From: _____ To: _____ <table border="0"> <tr> <td><input type="checkbox"/> Operative Reports</td> <td><input type="checkbox"/> Nursing Notes</td> </tr> <tr> <td><input type="checkbox"/> Discharge Summary</td> <td><input type="checkbox"/> Emergency Room Reports</td> </tr> <tr> <td><input type="checkbox"/> Consultation Reports</td> <td><input type="checkbox"/> Rehabilitation (PT/OT/ST)</td> </tr> <tr> <td><input type="checkbox"/> History and Physical Reports</td> <td><input type="checkbox"/> X-ray/Radiology Reports <input type="checkbox"/> X-ray Films</td> </tr> <tr> <td><input type="checkbox"/> Laboratory/Pathology Reports</td> <td><input type="checkbox"/> EKG/Echo/Cardiology</td> </tr> <tr> <td><input type="checkbox"/> Progress Notes</td> <td><input type="checkbox"/> Medication Records</td> </tr> <tr> <td><input type="checkbox"/> Other (Specify) _____</td> <td><input type="checkbox"/> Billing</td> </tr> </table> <p>*If no dates of service are requested, one year of health information will be provided.</p>			<input type="checkbox"/> Operative Reports	<input type="checkbox"/> Nursing Notes	<input type="checkbox"/> Discharge Summary	<input type="checkbox"/> Emergency Room Reports	<input type="checkbox"/> Consultation Reports	<input type="checkbox"/> Rehabilitation (PT/OT/ST)	<input type="checkbox"/> History and Physical Reports	<input type="checkbox"/> X-ray/Radiology Reports <input type="checkbox"/> X-ray Films	<input type="checkbox"/> Laboratory/Pathology Reports	<input type="checkbox"/> EKG/Echo/Cardiology	<input type="checkbox"/> Progress Notes	<input type="checkbox"/> Medication Records	<input type="checkbox"/> Other (Specify) _____	<input type="checkbox"/> Billing
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<b>Special Disclosure:</b>	<input type="checkbox"/> HIV/AIDS <input type="checkbox"/> STD <input type="checkbox"/> Chemical Dependency <input type="checkbox"/> Mental Health (Psychotherapy Notes Require A Separate Release)																
<b>Reason for Disclosure:</b>	<input type="checkbox"/> Continuing Care <input type="checkbox"/> Legal/Attorney <input type="checkbox"/> Insurance Claim <input type="checkbox"/> Personal Use <input type="checkbox"/> Relocating <input type="checkbox"/> Disability <input type="checkbox"/> Patient Review <input type="checkbox"/> Billing Purpose <input type="checkbox"/> Referral <input type="checkbox"/> Other _____																
<b>Revocation:</b>	<ul style="list-style-type: none"> <li>I understand I may revoke this authorization by written request at any time to the address listed at the top of this form. I understand that the revocation will not apply to information that has already been released in response to this authorization.</li> <li>This authorization will automatically expire one year from the date of my signature, <b>or</b> _____ (period of time, for example, 2 days, 3 weeks or 5 months) from the date of my signature, <i>if specified here</i>. The expiration period noted here may exceed one year only in certain situation as specified in Minnesota statute 144.335 3a: for release to a provider in connection with current treatment: for release for purposes of payment claims, fraud investigation or quality of care: for release to an external researcher solely for purposes of medical or scientific research.</li> <li>I understand that the organization receiving the information will not condition treatment, payment, enrollment or eligibility for benefits on whether I sign the consent form.</li> </ul>																
<b>Additional Information:</b>	<ul style="list-style-type: none"> <li>I understand that once information is released pursuant to this authorization, this facility cannot prevent the re-disclosure of the information to another third party and may no longer be protected by federal or state privacy laws.</li> <li>I understand this authorization <b>must be filled out completely</b>, signed and dated in order to be considered valid. A fax or photocopy that has not been altered will be considered as valid as an original.</li> <li>As noted above, I understand I may revoke this authorization by written request at any time to the authorized address listed above.</li> <li>I understand there may be a retrieval and copy charge associated with the release.</li> <li>This facility shares an electronic medical record with CentraCare Health System organizations and other Non-CentraCare Health System affiliates. Authorizing the release of the following items: Medication List, Allergy List, Problem List, Immunization Data and/or Medical History includes the release of this information from all sites that share an electronic medical record. A list of these Non-CentraCare Health System affiliates is available on request.</li> </ul>																
<b>Authorization &amp; Verification:</b>	<table border="0"> <tr> <td>_____ SIGNATURE OF PATIENT/AUTHORIZED PERSON</td> <td>_____ RELATIONSHIP TO PATIENT</td> <td>_____ DATE</td> </tr> <tr> <td colspan="3">Reason patient is unable to sign <input type="checkbox"/> Minor <input type="checkbox"/> Deceased <input type="checkbox"/> Incompetent <input type="checkbox"/> Other _____</td> </tr> <tr> <td colspan="2">Internal Use: ID Checked: _____</td> <td>Copy for Patient: _____ Patient Declined Copy: _____</td> </tr> </table>			_____ SIGNATURE OF PATIENT/AUTHORIZED PERSON	_____ RELATIONSHIP TO PATIENT	_____ DATE	Reason patient is unable to sign <input type="checkbox"/> Minor <input type="checkbox"/> Deceased <input type="checkbox"/> Incompetent <input type="checkbox"/> Other _____			Internal Use: ID Checked: _____		Copy for Patient: _____ Patient Declined Copy: _____					
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Alomere Health and all of its services comply with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Alomere Health does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Alomere Health provides free aids and services to people with disabilities to communicate effectively with us, such as:

- **Qualified sign language interpreters**
- **Written information in other formats (large print, accessible electronic formats, other formats)**

Alomere Health provides free language services to people whose primary language is not English, such as:

- **Qualified interpreters**
- **Information written in other languages**

If you need these services, contact our office:

Alomere Health  
111 17th Ave E • Alexandria, MN 56308  
Telephone: 320-762-1511  
Fax: 320-762-6120

If you believe that Alomere Health has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Alomere Health  
111 17th Ave E • Alexandria, MN 56308  
Telephone: 320-762-1511  
Fax: 320-762-6120

You can file a grievance in person or by mail or fax. If you need help filing a grievance, we have staff available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at [https://ocrportal.hhs.gov/ocr/cp/complaint\\_frontpage.jsf](https://ocrportal.hhs.gov/ocr/cp/complaint_frontpage.jsf), or by mail or phone at:

U.S. Department of Health and Human Services  
200 Independence Avenue SW  
Room 509F, HHH Building  
Washington, DC 20201  
1-800-868-1019, 800-537-7697 (TDD).

# Notice of Non-Discrimination

**ATTENTION:** If you speak English, language assistance services, free of charge, are available to you. Call 1-320-762-1511.

**ATENCIÓN:** si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-320-762-1511.

**注意:** 如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-320-762-1511。

**ВНИМАНИЕ:** Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-320-762-1511.

**ATANSYON:** Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-320-762-1511.

**주의:** 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-320-762-1511번으로 전화해 주십시오.

**ATTENZIONE:** In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-320-762-1511.

**אזהרה:** אם אתם מדברים אנגלית, שירותי עזרה לשפה זרה, ללא עלות, זמינים עבורכם. קראו 1-320-762-1511.

**লক্ষ্য করুন:** যদি আপনি বাংলা, কথা বলতে পারেন, তাহলে নিঃখরচায়, ভাষা সহায়তা পরামর্শে উপলব্ধ আছে। ফোন করুন ১-৩২০-৭৬২-১৫১১।

**UWAGA:** Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-320-762-1511.

**الذغة،** فإن خدمات المساعدة اللغوية متوافرة لك بالمجان. اتصل بلحوظة: إذا كنت تتحدث انكليزياً 320-762-1511.

**ATTENTION :** Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-320-762-1511.

**تو آپ کو زبان کی مدد کی خدمات مفت میں خبردار:** اگر آپ اردو بولتے ہیں، 320-762-1511۔ دستیاب ہیں۔ کال کریں

**PAUNAWA:** Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-320-762-1511.

**ΠΡΟΣΟΧΗ:** Αν μιλάτε ελληνικά, στη διάθεσή σας βρίσκονται υπηρεσίες γλωσσικής υποστήριξης, οι οποίες παρέχονται δωρεάν. Καλέστε 1-320-762-1511.

**KUJDES:** Nëse flitni shqip, për ju ka në dispozicion shërbime të asistencës gjuhësore, pa pagesë. Telefononi në 1-320-762-1511.

Alomere Health

Alexandria Clinic

Osakis Clinic

Heartland Orthopedic  
Specialists



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